ANNOUNCEMENTS

- The Lenten Missions WELCOME Fr. Joe Ostapovych. 10:00 AM Vernon; 2:00 PM Grindrod.
- APPEAL TO UKRAINIAN CATHOLIC YOUTH (age 16-29) Let your Church hear your voice on these issues: how do you see your membership and participation in the life of our Church, what good do you see in it, why are you a Ukrainian Catholic and why do you want to be a Ukrainian Catholic, what do you expect from your Church? You can address these issues by going to the following link: https://goo.gl/forms/2EF3oyW2ZiVxBB362 The survey must be completed by March 31 (from April 1 it will no longer be active).
- Annual Eparchial Lenten Collection will take place on Sunday, March 31. Special envelopes for this collection are available for pick up at the church entrance. Thank you for your generosity.
- Please Pray for health of ... Mary S., Olga P., Anne-Marie J., Katherine H., all the sick brothers and sisters in our families and our parish community. Please let Fr. Stepan know if you would like to add names to the prayer list and also notify him about any sick and/or hospitalized parishioners and family members.
- Let Us Pray Together all faithful of the Ukrainian Catholic Church are encouraged to pray every day at 9:00 p.m. (regardless of the time zone). We will pray for each others needs, for the parish, the eparchy, Ukrainian Catholic Church, for peace in Ukraine, and for vocations. At this time the faithful are encouraged to pray at least: the usual beginning of the ordinary (Начало обичне) including our Father, and Hail Mary.
- Reminder for families of individuals who are admitted to hospital If you or a family member is admitted to hospital and you wish to have a priest visit, please be sure to have someone call the rectory to make this request. Your pastor may have no other way of knowing that you are in hospital, as privacy legislation restricts the information that can be given to him by the hospital.
- "Save-on- Foods" gift cards are available for sale. Anyone wishing to buy the cards, please contact Mrs. Ann Mary, or Fr. Stepan.
- Please, contact Fr. Stepan **if you want to have the Divine Liturgies** celebrated in your special (such as: In thanksgiving for favours received, the Infirm, General Intentions, the Deceased, Help of the Holy Spirit, for the Travelers, etc.) intentions.
- SUNDAY COLLÉCTIONS (Vernon): Mar 17 \$310
- SUNDAY COLLECTIONS (Grindrod): Mar 17 \$235

Thank You very much for Your generosity! God bless You!!!

St. Josaphat Ukrainian Catholic Church

2210 - 40th Avenue, Vernon, BC V1T 8Z9

The Ukrainian Catholic Eparchy of New Westminster Eparch: Most Rev. Ken Nowakowski

Saints Peter and Paul Ukrainian Catholic Church

Carlin Street and 3rd Avenue, Grindrod, BC

The Ukrainian Catholic Eparchy of New Westminster Eparch: Most Rev. Ken Nowakowski

LITURGICAL SCHEDULE FOR THIS WEEK (VERNON): Mar 24 - Mar 31

SUNDAY	For the Parishioners of the St. Josaphat For the Parishioners of the Saints Peter and Paul	10:00 AM 2:00 PM
MONDAY	NO SERVICES	*****
TUESDAY	Divine Liturgy for Aaron	9:00 AM
WEDNESDAY	Stations of the Cross	9:00 AM
THURSDAY	Divine Liturgy for Kierra S.	9:00 AM
FRIDAY	Stations of the Cross	9:00 AM
SATURDAY	Parastas	9:00 AM
SUNDAY	For the Parishioners of the St. Josaphat For the Parishioners of the Saints Peter and Paul	10:00 AM 2:00 PM

WELCOME TO ALL PARISHIONERS & GUESTS WHO HAVE JOINED US TODAY!

Parish administrated by: Fr. Stepan Dovhoshyia / о. Степан Довгошия Mailing address: P.O. Box 20064 Vernon, BC VIT 9L4

Res: 250-549-1327

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Third Sunday of the Great Fast / Veneration of the Holy Cross DIVINE LITURGY PROPERS

The Divine Liturgy of St. Basil the Great is celebrated today.

SERVICE OF THE EXALTATION OF THE CROSS

Before Divine Liturgy, the priest, vested fully in red, stands before the Holy Table on which lies the Precious Cross with branches of basil or flowers. As the faithful sing "Holy God" he goes around the Holy Table, incensing the Cross from four sides. As the conclusion of "Holy God" is sung, he takes the Cross, and placing it on his head, proceeds around the Holy Table and out of the sanctuary through the north deacon doors. The Cross is preceded with processional candles, the seraphic fans and by the deacon with the censer. The priest stops in front of the Holy Doors, facing the east, when the final "Holy God" is sung, and says:

Deacon: Wisdom! Let us be attentive!

The priest then takes the Cross to the tetrapod and places it there. As the deacon incenses It from four sides, the faithful sing the Troparion of the Cross, three times:

Troparion, Tone 1

Save Your people, O Lord, and bless Your inheritance, * grant victory to Your faithful people against enemies, * and protect Your community by Your Cross.

Afterwards, the following is sung three times in the usual manner.

To Your cross, O Master,

we bow in veneration,

and we glorify Your holy Resurrection.

Troparia and Kontakia

Troparion, Tone 3: Let the heavens be glad, let the earth rejoice,* for the Lord has done a mighty deed with His arm.* He trampled death by death. He became the first-born of the dead;* He saved us from the abyss of Hades* and granted great mercy to the world.

Troparion, Tone 1: Save Your people, O Lord, and bless Your inheritance.* Grant victory to Your faithful people against enemies,* and protect Your community by Your cross.

Troparion, Tone 4: Today is the herald of joy for the universe!* Let us anticipate the feast and celebrate with exultation:* Gabriel is on his way to announce the glad tidings to the Virgin;* he is ready to cry out in fear and wonder:* Rejoice, Lady full of grace, the Lord is with you!

Glory be to the Father and to the Son and to the Holy Spirit.

Kontakion, Tone 7: No longer does the flaming sword guard the gate of Eden;* the tree of the Cross has quenched its flames gloriously.* The sting of death and the victory of Hades are banished,* and You O my Saviour came and called to those in Hades: "Return again to Paradise!"

Now and for ever and ever. Amen.

24 Mar, 2019 Parish Bulleti

Kontakion, Tone 8: You are the beginning of salvation for all of us on earth, Virgin Mother of God.* For the great Archangel Gabriel, God's minister, was sent from heaven * to stand before you to bring you joy: *Therefore, we all cry to you:* "Rejoice, O unwedded Bride!"

Instead of Holy God, we sing:

To Your Cross, O Master,* we bow in veneration,* and we glorify Your holy Resurrection!

Prokeimenon, Tone 6

Save Your people, O Lord, and bless Your inheritance.

verse: Unto You I will cry, O Lord my God, lest You turn from me in silence.

Epistle: Hebrews 4:14-5:6 A Reading from the Letter of Saint Apostle Paul to Hebrews:

Brothers and Sisters, since, then, we have a great high priest who has passed through the heavens, Jesus, the Son of God, let us hold fast to our confession. For we do not have a high priest who is unable to sympathize with our weaknesses, but we have one who in every respect has been tested as we are, yet without sin. Let us therefore approach the throne of grace with boldness, so that we may receive mercy and find grace to help in time of need. Every high priest chosen from among mortals is put in charge of things pertaining to God on their behalf, to offer gifts and sacrifices for sins. He is able to deal gently with the ignorant and wayward, since he himself is subject to weakness; and because of this he must offer sacrifice for his own sins as well as for those of the people. And one does not presume to take this honor, but takes it only when called by God, just as Aaron was. So also Christ did not glorify himself in becoming a high priest, but was appointed by the one who said to him, "You are my Son, today I have begotten you"; as he says also in another place, "You are a priest forever, according to the order of Melchizedek."

Alleluia, Tone 1

verse: Remember Your congregation which You acquired from the beginning.

verse: But God is our king before the ages; He has wrought salvation in the midst of the earth.

Gospel

Mark 8:34-9:1

Hymn to the Mother of God

In you, O Full of Grace, all creation rejoices: the angelic ranks and all the human race. Sanctified temple and spiritual paradise, virgins' pride and boast, from whom God is made flesh and became a little Child; and He who is our God before all ages, He made your womb a throne, and He made it wider that all the heavens. In you, O Full of Grace, all creation rejoices. Glory be to you.

Communion Hymn

Let the light of Your countenance, O Lord* shine upon us.* Alleluia, alleluia, alleluia.