

## ANNOUNCEMENTS

- **NEW St. Josaphat's parish Praznyk.** Please mark your calendars for **November 19** to celebrate our St. Josaphat's Praznyk. There will be **only one Divine Liturgy at 11:00 AM** followed by lunch. Tickets: \$20.00 - adults; \$10.00 - children 6-12 years of age; children 5 years & under - free.
- **NEW UCWLC meeting** - November 14, 9:00 am Divine Liturgy and after our meeting.
- **NEW UCWLC - December 12 AGM.**
- **October 14, BAZAR Income:** Tea tickets - \$153.00, Bake sale - \$176.45, Pyrohi & Rolls total - \$497.50, Donation - \$100.00, TOTAL - \$926.95
- **Fr. Andrzej's vacation time** – from Friday, November 3rd until Thursday, November 9th inclusive, Fr. Andrzej will be away on the final part of his annual vacation. Fr. Stepan Dovahshyia from Vernon will be substituting him. On Sunday, Nov. 5th, 2017. Rosary will be prayed at 1:30 p.m. & Divine Liturgy celebrated at 2:00 p.m.
- **St. Philip's Fast (Пиліпівка)** – a time of 40 days preparation for Christmas will begin on Wed., Nov. 15th, 2017.
- **"Save-on- Foods" gift cards** – are available for sale. Anyone wishing to buy the cards, please contact Mrs. Ann Mary, or Fr. Stepan.
- If you would like to receive an e-mail version of our weekly parish bulletin, please send me an e-mail and I will add you to our list. [dovhoshiastepan@gmail.com](mailto:dovhoshiastepan@gmail.com)
- Please, contact Fr. Stepan **if you want to have the Divine Liturgies** celebrated in your special (such as: In thanksgiving for favours received, the Infirm, General Intentions, the Deceased, Help of the Holy Spirit, for the Travelers, etc.) intentions.
- **Reminder for families of individuals who are admitted to hospital** - If you or a family member is admitted to hospital and you wish to have a priest visit, please be sure to have someone call the rectory to make this request. Your pastor may have no other way of knowing that you are in hospital, as privacy legislation restricts the information that can be given to him by the hospital.
- **SUNDAY COLLECTIONS (Grindrod):** Oct 29 - \$105
- **SUNDAY COLLECTIONS (Vernon):** Oct 29 - \$420

## St. Josaphat Ukrainian Catholic Church

2210 – 40th Avenue, Vernon, BC V1T 8Z9

The Ukrainian Catholic Eparchy of New Westminster  
Eparch: Most Rev. Ken Nowakowski

## Saints Peter and Paul Ukrainian Catholic Church

Carlin Street and 3rd Avenue, Grindrod, BC

The Ukrainian Catholic Eparchy of New Westminster  
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## LITURGICAL SCHEDULE FOR THIS WEEK (VERNON): Nov 5 - Nov 12

SUNDAY, Nov 5	<b>For the Parishioners of the St. Josaphat Holy Trinity - Kamloops</b>	<b>10:00 AM 2:00 PM</b>
MONDAY, Nov 6	NO SERVICES	*****
TUESDAY, Nov 7	Divine Liturgy	9:00 AM
WEDNESDAY, Nov 8	Divine Liturgy	9:00 AM
THURSDAY, Nov 9	Divine Liturgy	9:00 AM
FRIDAY, Nov 10	Divine Liturgy	9:00 AM
SATURDAY, Nov 11	+For those who lost their life in defense of freedom.	9:00 AM
SUNDAY, Nov 12	<b>For the Parishioners of the St. Josaphat For the Parishioners of the Saints Peter and Paul</b>	<b>10:00 AM 2:00 PM</b>

*Please Note: to request a Divine Liturgy for a special intention, please see Fr. Stepan to arrange for it!*

WELCOME TO ALL PARISHIONERS & GUESTS WHO HAVE JOINED US TODAY!

**Parish administrated by: Fr. Stepan Dovahshyia / о. Степан Довгошя**

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22nd Sunday after Pentecost  
DIVINE LITURGY PROPER

Troparion, Tone 5: Let us the faithful acclaim and worship the Word,\* co-eternal with the Father and the Spirit,\* and born of the Virgin for our salvation.\* For He willed to be lifted up on the cross in the flesh, to suffer death\* and to raise the dead by His glorious resurrection.

**+Glory be to the Father and to the Son and to the Holy Spirit.**

Kontakion, Tone 5: You, my Saviour, descended to Hades,\* and as the Almighty, You shattered its gates.\* With Yourself You, as the Creator, raised the dead and shattered the sting of death,\* and delivered Adam from the curse, O Lover of Mankind.\* And so we cry out: "Save us, O Lord."

**Now and for ever and ever. Amen.**

Theotokion, Tone 5: Rejoice, O rampart and protection of those who have recourse to you!\* Rejoice, O tranquil haven and Virgin,\* who gave birth in the flesh to your Maker and God!\* Fail not to intercede for those\* who sing and worship the Child you bore.

**Prokeimenon, Tone 5**

You, O Lord, will guard us and will keep us\* from this generation and for ever.

verse: Save me, O Lord, for there is no longer left a just man. (Psalm 11:8,2)

**Epistle: Galatians 6:11-18 Reading from Saint Paul's letter to the Galatians:**

Brothers and Sisters, see what large letters I make when I am writing in my own hand! It is those who want to make a good showing in the flesh that try to compel you to be circumcised— only that they may not be persecuted for the cross of Christ. Even the circumcised do not themselves obey the law, but they want you to be circumcised so that they may boast about your flesh. May I never boast of anything except the cross of our Lord Jesus Christ, by which the world has been crucified to me, and I to the world. For neither circumcision nor uncircumcision is anything; but a new creation is everything! As for those who will follow this rule— peace be upon them, and mercy, and upon the Israel of God. From now on, let no one make trouble for me; for I carry the marks of Jesus branded on my body. May the grace of our Lord Jesus Christ be with your spirit, brothers and sisters. Amen.

**Апостол: (Гл 6,11-18) До Галатів Послання Святого Апостола Павла Читання:**

Браття і Сестри, гляньте, якими буквами пишу вам власною рукою. Ті, що хочуть показатися гарними тілом, – вони силують вас обрізатися, щоб тільки уникнути переслідування за хрест Христа. Бо й самі обрізані, не додержують закону, а хочуть, щоб ви обрізувалися, щоб їм хвалитися вашим тілом. Мене ж не доведи, Боже, чимсь

хвалитися, як тільки хрестом Господа нашого Ісуса Христа, яким для мене світ розп'ятий, а я – світові; бо ані обрізання, ані необрізання є щось, лише – нове створіння. На тих, які поступають за цим правилом, мир на них і милосердя, а й на Ізраїля Божого. На майбутнє нехай ніхто мені не завдає клопоту, бо я ношу на моїм тілі рани Ісуса. Благодать Господа нашого Ісуса Христа нехай буде з вашим духом, брати! Амінь.

**Alleluia, Tone 5**

verse: Your mercies, O Lord, I will sing for ever; from generation to generation I will announce Your truth with my mouth.

verse: For You have said: Mercy shall be built up for ever; in the heavens Your truth shall be prepared. (Psalm 88:2,3)

**Communion Hymn**

Praise the Lord from the heavens;\* praise Him in the highest.\* Alleluia, alleluia,\* alleluia. (Psalm 148:1)

**PHILIP'S FAST: A TIME OF REPENTANCE**

Yet Advent is called a "little Lent," because, like Lent, it is a time of repentance. Both the Western and Eastern Churches used to observe Advent with the traditional Lenten practices: fasting and abstinence, prayer, and almsgiving. While fasting during Advent has fallen by the wayside in the West, the Eastern Orthodox and the Eastern Catholic Churches continue to observe an Advent fast: Philip's Fast, named after the Apostle Philip, because it begins on November 15, the day after his feast day (November 14, in the Eastern calendar).

It runs through Christmas Eve, December 24—a period of 40 days, mirroring Lent.

Like most fasts in the Eastern Church, Philip's Fast is fairly strict and includes abstinence from meat, eggs, and dairy products on all weekdays, and fish, oil, and wine on most days. On Sundays and certain feast days, fish, oil, and wine are allowed; different Eastern Churches observe the fast more or less strictly.

(Because extreme fasting can affect your health, you should never increase the strictness of a fast beyond what your particular Church prescribes without consulting with your priest.)

**LEARNING FROM OUR EASTERN BRETHREN**

While Roman Rite Catholics are no longer bound to fast during Advent, reviving the tradition of repentance during this season can help us better appreciate our Christmas celebration. Pope John Paul II called on Western Catholics to learn more about the traditions of our Eastern brethren, and we can observe Philip's Fast in our own way, by doing the same sorts of things we do during Lent—abstaining from meat (especially on Fridays), not eating between meals, restricting the amount of food that we eat. Combining these practices with almsgiving (this time of year is particularly hard for the poor) and efforts to increase our prayer (and perhaps to spend a bit of time to read Holy Scripture or to attend weekday Liturgy when we can), and we can begin to return Advent to its proper role as a season of preparation.

And when Christmas Day finally arrives, we may find that our fast has increased the joy of our feast.

<https://www.thoughtco.com/what-is-philips-fast>