

St. Josaphat Ukrainian Catholic Church in Vernon, BC

2210 – 40th Avenue, Vernon, BC V1T 8Z9

Liturgies: *Tuesday to Friday* – 9:00 a.m.
Holy Days - 10:00 a.m.
Sundays – 9:30 a.m. – Rosary
10:00 a.m. - Divine Liturgy



Pastor: Rev. Volodymyr Dmyterko
P.O. Box 20064 Vernon, BC V1T 9L4
Phone: 250-549-1327;

Email: o.volodymyr@yahoo.ca

Parish website: <http://vernon.nweparchy.ca/bulletins/>
Eparchy: www.nweparchy.ca



Saints Peter and Paul Ukrainian Catholic Church in Grindrod, BC

Carlín Street and 3rd Avenue, Grindrod, BC

Sundays Divine Liturgy:

July 17th – 2:00 p.m.

July 24th – 2:00 p.m.

July 10th – 2:00 p.m.

July 31st – 2:00 p.m.

Holy Resurrection Parish in Penticton

Divine Liturgy (for Sundays) will be serving on every Saturday at 4:00 p.m.

Welcome! Бiмаємо!

We extend a warm welcome to our parishioners, your families and friends. We are glad that you have come to worship with us today and pray that your participation in our parish will be enriching to you. Following every Sunday Divine Liturgy, Fellowship Coffee is served! We invite everyone to join us.

PASTORAL MINISTRY AND SACRAMENTS:

SACRAMENT of CONFESSIONS: on Sundays and Holy Days: 30 min before Divine Liturgy and other days, by appointment.

HOLY COMMUNION: for the sick, by appointment, any time.

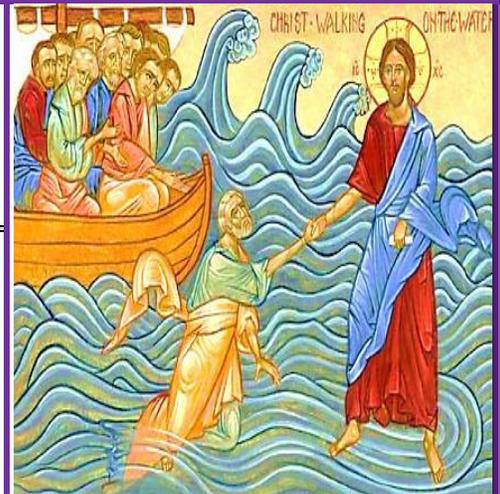
BAPTISMS - by appointment.

MARRIAGES - by appointment, at least 6 month in advance.

FUNERALS - by appointment.

ANOINTING of the sick, hospital visits - by appointment, any time

Please note: parish members requesting the celebration of a Divine Liturgy for a special intention (such as: Thanksgiving, the Infirm, General Intentions, the Deceased, Help of the Holy Spirit, for the Travelers, etc.), please see Fr. Volodymyr to arrange for it.



9th SUNDAY AFTER PENTECOST

Our parish community extends a welcome to visitors who wish to pray and worship with us and who would like to participate in the life of our parish in all aspects. We assure you that visitors to our Ukrainian Catholic Churches: Sts. Peter and Paul in Grindrod, St. Josaphat in Vernon, meet with the warmest hospitality. Although we are a small community, we pride ourselves in being a family which centers itself on faith, prayer and a shared love of our Traditions. Although we are proud to belong to the Ukrainian Catholic Church, a number of ethnic backgrounds are represented in our parish community.

Divine Services are celebrated according to the Byzantine Catholic Rite of Ukrainian usage. Whether you are familiar with our Liturgy and Traditions from your own faith formation or would like to learn more about them, we extend a heartfelt welcome to you to join us for Divine Liturgy. Whether you are Roman Catholic or a member of another Church or Religious Tradition, you are most welcome to join us for worship. The Liturgy is celebrated using a mix of English and Ukrainian. The readings from the Holy Gospel and Epistles, as well as homilies are in English.



Liturgical Propers:

Troparion, Tone 8: You came down from on high, O Merciful One,* and accepted three days of burial* to free us from our sufferings.* O Lord, our life and our resurrection,* glory be to You.

Troparion, Tone 8: Christ our God, You are glorified above all,* You established our fathers as beacons on earth* and through them guided all of us to the true faith.* Glory to You, most compassionate Lord.

+Glory be to the Father and to the Son and to the Holy Spirit.

Kontakion, Tone 6: The Son who ineffably shone from the Father* was born twofold of nature from a woman.* Beholding Him, we do not reject the image of His form;* but depicting it, we revere it faithfully.* Therefore, the Church, holding the true faith,* kisses the icon of Christ's becoming man.

Now and for ever and ever. Amen.

Theotokion, Tone 6: Undaunted patroness of Christians,* O steadfast intermediary with the Creator,* turn not away from the suppliant voices of sinners,* but in your kindness come to help us who cry out to you in faith.* Be quick to intercede, make haste to plead,* for you are ever the patroness of those who honour you, O Mother of God.

Prokeimenon, Tone 4 - Blessed are You, Lord God of our fathers,* and praised and glorified is Your Name forever.

verse: For You are righteous in everything that You have done to us.

Epistle: Hebrews 13:7-16

Brothers and Sisters, remember your leaders, those who spoke the word of God to you; consider the outcome of their way of life, and imitate their faith. Jesus Christ is the same yesterday and today and forever. Do not be carried away by all kinds of strange teachings; for it is well for the heart to be strengthened by grace, not by regulations about food, which have not benefited those who observe them. We have an altar from which those who officiate in the tent have no right to eat. For the bodies of those animals whose blood is brought into the sanctuary by the high priest as a sacrifice for sin are burned outside the camp. Therefore Jesus also suffered outside the city gate in order to sanctify the people by his own blood. Let us then go to him outside the camp and bear the abuse he endured. For here we have no lasting city, but we are looking for the city that is to come. Through him, then, let us continually offer a sacrifice of praise to God, that is, the fruit of lips that confess his name. Do not neglect to do good and to share what you have, for such sacrifices are pleasing to God.

Alleluia, Tone 1 - The God of gods, the Lord, spoke and summoned the earth from the rising of the sun to its setting.

verse: Gather to Him His devout ones, who with sacrifice make covenant with Him.

Gospel: John 17:1-17

At that time, Jesus looked up to heaven and said, "Father, the hour has come; glorify your Son so that the Son may glorify you, since you have given him authority over all people, to give eternal life to all whom you have given him. And this is eternal life that they may know you, the only true God, and Jesus Christ whom you have sent. I glorified you on earth by finishing the work that you gave me to do. So now, Father, glorify me in your own presence with the glory that I had in your presence before the world existed. "I have made your name known to those whom you gave me from the world. They were yours, and you gave them to me, and they have kept your word. Now they know that everything you have given me is from you; for the words that you gave to me I have given to them, and they have received them and know in truth that I came from you; and they have believed that you sent me. I am asking on their behalf; I am not asking on behalf of the world, but on behalf of those whom you gave me, because they are yours. All mine are yours, and yours are mine; and I have been glorified in them. And now I am no longer in the world, but they are in the world, and I am coming

to you. Holy Father, protect them in your name that you have given me, so that they may be one, as we are one. While I was with them, I protected them in your name that you have given me. I guarded them, and not one of them was lost except the one destined to be lost, so that the scripture might be fulfilled. But now I am coming to you, and I speak these things in the world so that they may have my joy made complete in themselves. I have given them your word, and the world has hated them because they do not belong to the world, just as I do not belong to the world. I am not asking you to take them out of the world, but I ask you to protect them from the evil one. They do not belong to the world, just as I do not belong to the world. Sanctify them in the truth; your word is truth.

Communion Hymn

Praise the Lord from the heavens,* praise Him in the highest.* Rejoice in the Lord,
O you just;* praise befits the righteous.* Alleluia, alleluia,* alleluia.

ANNOUNCEMENTS:

2016 Parish Praznyks/Feast-days will be celebrated: **Kelowna** on Sunday August 14th and **Vernon** on Sunday November 13th

Fr. Volodymyr's substitutions in Kelowna – for vacation of Fr. Andrzej from July 6th to 21st.
Divine Liturgy in Vernon will be celebrate on Sundays- July 10th and 17th at 11:30 a.m.

Grace. If for any of these or other reasons you cannot receive Holy Communion, you are welcome to come for a blessing. Please indicate to the priest that you would like to receive his blessing.

“Save-on- Foods” gift cards – are available for sale. Anyone wishing to buy the cards, please contact Mrs. Ann Mary, or Fr. Volodymyr.

Parishioner's news section: As a Parish, it would be wonderful if we could share in our fellow brothers and sisters journey- their joys and sorrows. If you have an upcoming event (birth announcement, big anniversary, graduation, etc) or updates such as medical news, prayer requests, etc., please send us an email or tell to the priest, so it can be included in the newsletter. As well, if you wish to celebrate a special occasion with us, you are more than welcome to bring a contribution to add to the coffee social.

Happy Birthday – May the Almighty God bless in good health and salvation in Many Happy and Blessed Years of Life to those who will celebrate their birthday or anniversary **in July:**

Happy Birthday to: **Mrs. Pauline Symchek** (July 12th), **Sacha Munro** (July 16th), **Mrs. Kindel Mary** (July 20th), **Mrs. Dianna Krawchuk** (July 28th).

Happy Wedding Anniversary to: **Mrs. and Mr. Martha and Edward Holick** (July 4), **Mrs. and Mr. Dianna and Wilf Krawchuk** (July 7th), **Mrs. and Mr. Lidia and Chris Melesko** (July 7th), **Mrs. and Mr. Janice and Maurice Roy** (July 20th). May Our Lord Jesus Christ bless you in abundance with His love, joy and peace. Many Happy and Healthy Years! Mnohaya i Blahaya Lita!



SICK IN THE PARISH TO PRAY FOR: Cecile Thompson, Helen, I. Roy, Katherine Blain, D. Chura, Rose Shawchuk, John Maiwka, Yanko Anna, Szadiak Victor and Gloria, Sophie Caskey, Walter Kociuba, Nick Roman, Kalyna Kociuba, Jesse

Kosick, Nicholas Adam Laniel Cryss O'Donnell, Rose Ostopowich, Please remember in your prayers those who are in hospitals, care homes and those who are not able to join us actively in our community. Let us also remember our sisters and brothers in Ukraine in our prayers!

If you wish to receive the Sacraments (of Confession, Holy Communion, Anointing of the Sick), please call Fr. Volodymyr at 250-549-1327. If you would like a hospital visit or **TO HAVE YOUR NAME OR A LOVED ONES' NAME ADDED TO THE “SICK IN THE PARISH LIST”** Please let Fr. Volodymyr know.

SUMMER GIVING...

Remember that we never take a vacation from God, or from our obligation to attend Divine Liturgy. When traveling, make sure you check out the service schedule for the area churches and attend Divine Liturgy.

Please remember as well, that while parishioners may be away and on vacation, the parish is not. Expenses continue as they do throughout the year. Please remain consistent in your gifts to Parishes. Your weekly Sunday offering is important to our financial well-being. If you are away, (especially during summer) we appreciate it when you forward your "make-up" donations. The financial stability of the parish counts on regular Sunday contributions. Please continue to be generous.

This year commemorates a number of significant milestones:

25 years ago His Beatitude Myroslav-Ivan Lubachivsky returned to Ukraine. [Before 1991 the Head of the Ukrainian Catholic Church had been in exile since Patriarch Slipyj was arrested, (1945)].

15 years ago ~ 2001 say the election of His Beatitude Lubomyr Husar as Head of the Ukrainian Catholic Church and his almost immediate appointment to the College of Cardinals.

10 years ago His Grace Metropolitan Lawrence, OSBM was installed as the Metropolitan Archbishop in Winnipeg.

5 years ago His Beatitude Sviatoslav Shevchuk was chosen to serve as the Head and Father of the Ukrainian Catholic Church as it moves forward into the 21st Century.

UPCOMING HOLY DAY DIVINE LITURGIES

Transfiguration of our Lord and Blessing of Fruit

Saturday, August 6 and Sunday, August 7. Blessing of Fruit will take place at liturgies. Please bring fruit to bless!

Dormition of the Mother of God and Blessing of Flowers Monday, August 15. Blessing of Flowers will take place at liturgies on Saturday August 13 and Sunday, August 14. Please bring your flowers to bless!

Meetings Church Councils and Organizations:

Knights of Columbus Executive Meeting will take place on Tuesday, **July 26th** at 7:00 pm. at OLOV RC church.



EMAIL BULLETIN - If you would like to have the Bulletin emailed to you please send your request to: o.volodymyr@yahoo.ca

PARISH WEBSITE - <http://vernon.nweparchy.ca/bulletins/>

We live as Christian stewards, who receive God's gifts gratefully, cultivate them responsibly, share them lovingly in justice with others, and return them with increase to the Lord.

Offering Envelopes



Gifts to God: Sunday July 3rd - Vernon \$ 615.00; Grindrod \$ 380.00

Thank you for your most generous donations to our parish!



The Vibrant Parish – a place to encounter the living Christ”

Patriarch Sviatoslav

Prayer for a Vibrant Parish Prayer

O Lord Jesus Christ, our Good Shepherd, as you once gathered lost sheep that they might hear Your voice and be your flock, so also today graciously look down from heaven upon our parish community, and send down on it your Holy Spirit, that it might be a place to receive the joy of Your Good News. Strengthen us with your presence, and always gather us together in prayer. Grant us the spirit of serving others, so that in our parish all might encounter You, the merciful God. Bless our spiritual leaders with Your wisdom, and inspire us to generously give of our time, talents and treasure for the building up of Your Kingdom. Unite us in peace and harmony, as befits Your community of love. Instill in us a missionary spirit, and let our parish community shine with the light of the Gospel, with prayer and good works, inviting all to share in the divine life, so that Your Name, O Savior, may be praised, together with Your eternal Father, and your most-holy, good and life-giving Spirit. Amen.

Spiritual Reading

10 AMAZING FACTS ABOUT THE POWER OF THE EUCHARIST

It is "a work and gift of the whole Trinity"

Sr. Theresa Aletheia Noble July 5, 2016 © Antoine Mekary - ALETEIA

The Eucharist comes to us as a work and gift of the whole Trinity.

– Raniero Cantalamessa, OFM

A friend recently told me that her father used to help her mother in the kitchen with the most tedious of tasks. One thing he liked to do was peel walnuts and sort them into buckets. Then, he would give bags of the nuts to friends and family. My friend's father recently passed away and a few months later she reached into her freezer to get some of the walnuts to make banana bread. As she looked at the bag of walnuts she realized that even though her father was gone, he had left her nourishment for her journey.

At that moment, my friend suddenly had a deeper understanding of the Eucharist. Jesus knew he was going to ascend into heaven, but he left his followers with something to nourish them, and not just earthly food but his own Body and Blood.

We are looked after.

We are cared for.

We have a heavenly Father who knows our every need and goes to great lengths to give us what we require. Our daily bread is not a symbol or mere earthly sustenance; it is true spiritual food, the real flesh and blood of our Savior the God-man. The Eucharist is nourishment that transcends ceremony and finds its power and its essence in the very workings of the Trinity itself.

Here are some of the amazing effects of the Eucharist:

1) Union with Christ: Reception of Jesus in the Eucharist fuses our being with that of Christ. St. Cyril of Alexandria describes it as similar to "when melted wax is fused with other wax." The Christian journey is a journey to become like Christ, to "abide in him" and he in us. The Eucharist is the means for this to happen.

2) Destruction of venial sin: The Eucharist destroys venial sin. Destroys! Through sin, the fervor of our charity can be dampened by venial sin. But when we receive the Eucharist we are united with Charity himself, which burns away the vestiges of our venial sins and leaves us cleansed and ready to begin again.

3) Preservation from mortal sin: While we should refrain from receiving the Eucharist when we are aware of being in a state of mortal sin, we should receive the Eucharist as much as possible when we are able because it preserves us from grave sin. It is as if the Eucharist's power washes away the venial sin in our souls and then covers us with a protective coat which helps us to stay away from serious sin.

4) Personal relationship with Jesus: Many Christians speak of the importance of a personal relationship with Jesus, which is very true. But it is primarily through the Eucharist that we can truly have an intimate encounter with the Person of Jesus. Benedict XVI once pointed out this connection: "Today, there is a need to rediscover that Jesus Christ is not just a private conviction or an abstract idea, but a real person, whose becoming part of human history is capable of renewing the life of every man and woman. Hence, the Eucharist, as the source and summit of the Church's life and mission, must be translated into spirituality, into a life lived 'according to the Spirit'" (Sacramentum Caritatis).

5) Gives life: According to the Catechism, the Eucharist “preserves, increases, and renews the life of grace received at Baptism” (CCC 1392). In other words, reception of the Eucharist increases the life of grace already present within us. Sounds even better than a trip to a spa!

6) Unity with the Body of Christ: Since we are united more closely to Christ through the Eucharist, we are therefore united more closely to all the other people who receive the Eucharist! In other words, the Eucharist is like the glue that keeps us united with Jesus and all our brothers and sisters in the Church.

7) Commits us to the poor: The words of St. John Chrysostom shame those of us who leave the Eucharistic table without caring for Christ in the poor: “You have tasted the Blood of the Lord, yet you do not recognize your brother, . . . You dishonor this table when you do not judge worthy of sharing your food someone judged worthy to take part in this meal. . . . God freed you from all your sins and invited you here, but you have not become more merciful.”

8) Spiritual consolation: Holy Communion is a foretaste of the joys of heaven so it can produce joy in us as we experience real unity with God. If we are feeling beaten down by the difficulties of life, we can come to the Eucharist, our font of joy, and ask the Lord to fill us with his consolation and peace.

9) Peacemaking: In the Synod on the Eucharist in 2005, the bishops discussed how the reception of the Eucharist in war-torn areas transformed the people of God and gave them the impetus to seek peace: “Thanks to eucharistic celebrations, peoples engaged in conflict have been able to gather around the word of God, hear his prophetic message of reconciliation through gratuitous forgiveness, and receive the grace of conversion which allows them to share in the same bread and cup.” (Propositio 49)

10) Provides a focal point for our lives: If we really understood the profound nature of the Eucharist, we would begin to center our lives around Holy Communion. There is nothing more important that can happen in our lives. Not football games, or get-togethers or picnics. There is nothing more important than our weekly appointment to receive the medicine of the Doctor of souls, Jesus.

All of these amazing effects and more can be yours this Sunday! Or better yet, try going to a daily Mass near you.

But remember that your disposition when receiving the Eucharist can determine how open you are to the powerful effects. So, be reverent, focused and beg God to give you, through the power of the Eucharist, all the graces that you need in your life right now. Like a good Father, he will listen.

Camp Saint Volodymyr 2016 – Sunday, August 21- Sunday, August 28

The purpose of camp is to provide an opportunity for youth to experience God through nature and the companionship of others. Children will experience Ukrainian language and culture during camp along with games, religious activities, hikes, sports, arts and crafts, camp fires, water activities and other summer camp activities.

This marks the 33rd year of our Ukrainian Catholic Summer Camp. Camp will take place in Kelowna at the OAC facility. Camp offers a wide range of activities for campers aged 7- 15 (as of December 31, 2016). Registration is available online via Eventbrite “Camp St. Volodymyr BC 2016.” Early bird registration ends July 7, 2016.

WAYS TO HELP:

VOLUNTEER

Camp St. Volodymyr is a nonprofit camp, run on a volunteer basis. We are still in need of a camp nurse, head chef and looking for someone to lead our arts and crafts program. please contact Jennifer. Applications forms for counsellors are due June 15, 2016. All volunteers will be subject to a criminal records check and must sign the camp code of conduct.

For more information contact Jennifer Caldwell @ [604.220.0584](tel:604.220.0584) or jennsawka@hotmail.com. [Visit our website via www.nweparchy.ca](http://www.nweparchy.ca)

DONATE

We are always happy to accept food donations of vegetables, fruits, cereals, and treats for children such as cakes, cookies, as well as monetary donations. Tax receipts can be issued with donations of \$25 or more.

Pilgrimage to Ukraine - August 22 - September 7, 2016 led by Sr. Angelica. WE

ARE GOING TO LVIV - TERNOPIL - CARPATHIAN MOUNTAINS - HOSHIV -

ZARVANYTSIA AND KYIV WITH TIME TO VISIT RELATIVES. If interested contact Sr.

Angelica at [604 -526 -9198](tel:604-526-9198) or [604 - 375 - 6626](tel:604-375-6626) or Myrna at [604 - 716 - 7200](tel:604-716-7200) for

information, itinerary and prices or refer to the poster on the parish bulletin board or visit this link:

<http://nweparchy.ca/project/pilgrimage-to-ukraine/>

Liturgical celebrations during week:

Tue. July 19 th	9:00 a.m.	Divine Liturgy for †Margaret Ring R.I.P.
Wed. July 20 th	9:00 a.m.	Divine Liturgy
Thu. July 21 st	9:00 a.m.	Divine Liturgy
Fri. July 22 nd	9:00 a.m.	Divine Liturgy for Genevieve Ring, req. by Katherine Blaine.
Sat. July 23 rd	4:00 p.m.	Divine Liturgy for God's blessings for all parishioners of Holy Resurrection Parish (<u>Penticton</u>) (Eng./Ukr.)
Sun. June 24 th	9:00 a.m.	Divine Liturgy for God's blessings for all parishioners of Dormition of the Mother of God Parish (<u>Kelowna</u>) (Eng./Ukr.)
	10:30 a.m.	Rosary (<u>Vernon</u>)
	11:00 a.m.	Divine Liturgy for God's blessings for all parishioners of St. Josaphat Church (Eng./Ukr.)
	1:45 p.m.	1st Hour Service (<u>Grindrod</u>)
	2:00 p.m.	Divine Liturgy for God's blessings for all parishioners of Sts. Peter and Paul Church (Eng.)

In Your Prayers: Please remember to pray for the sick and the infirm of our Parish.

Please note: parish members requesting the celebration of a Divine Liturgy for a special intention (Thanksgiving, the Infirm, General Intentions, the Deceased, Help of the Holy Spirit, for the Travelers, etc) intentions, please see Fr. Volodymyr to arrange for it.