



Welcome



St. Josaphat Ukrainian Catholic Church in Vernon, BC

2210 – 40th Avenue, Vernon, BC V1T 8Z9

Liturgies: Tuesday to Friday – 9:00 a.m.

Holy Days - 10:00 a.m.

Sundays – 9:30 a.m. – Rosary
10:00 a.m. - Divine Liturgy



Pastor: Rev. Volodymyr Dmyterko
P.O. Box 20064 Vernon, BC V1T 9L4

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Parish website: <http://vernon.nweparchy.ca/bulletins/>

Eparchy: www.nweparchy.ca



Saints Peter and Paul Ukrainian Catholic Church in Grindrod, BC

Carlin Street and 3rd Avenue, Grindrod, BC

Sundays Divine Liturgy:

April 3rd – 2:00 p.m.

April 10th – 2:00 p.m.

April 17th – 3:00 p.m.

Saturday April 23rd -



“The Vibrant Parish – a place to encounter the living Christ”

Patriarch Sviatoslav

Welcome! Bimaemo!

We extend a warm welcome to our parishioners, your families and friends. We are glad that you have come to worship with us today and pray that your participation in our parish will be enriching to you. Following every Sunday Divine Liturgy, Fellowship Coffee is served! We invite everyone to join us.

PASTORAL MINISTRY AND SACRAMENTS:

SACRAMENT of CONFESSIONS: on Sundays and Holy Days: 30 min before Divine Liturgy and other days, by appointment.

HOLY COMMUNION: for the sick, by appointment, any time.

BAPTISMS - by appointment.

MARRIAGES - by appointment, at least 6 month in advance.

FUNERALS - by appointment.

ANOINTING of the sick, hospital visits - by appointment, any time

Please note: parish members requesting the celebration of a Divine Liturgy for a special intention (such as: Thanksgiving, the Infirm, General Intentions, the Deceased, Help of the Holy Spirit, for the Travelers, etc.), please see Fr. Volodymyr to arrange for it.



Our parish community extends a welcome to visitors who wish to pray and worship with us and who would like to participate in the life of our parish in all aspects. We assure you that visitors to St. Josaphat Ukrainian Catholic Church in Vernon meet with the warmest hospitality. Although we are a small community, we pride ourselves in being a family which centers itself on faith, prayer and a shared love of our Traditions. Although we are proud to belong to the Ukrainian Catholic Church, a number of ethnic backgrounds are represented in our parish community.

Divine Services are celebrated according to the Byzantine Catholic Rite of Ukrainian usage. Whether you are familiar with our Liturgy and Traditions from your own faith formation or would like to learn more about them, we extend a heartfelt welcome to you to join us for Divine Liturgy. Whether you are Roman Catholic or a member of another Church or Religious Tradition, you are most welcome to join us for worship. The Liturgy is celebrated using a mix of English and Ukrainian. The readings from the Holy Gospel and Epistles, as well as homilies are in English.



April 3, 2016

CHRIST IS RISEN!
INDEED HE IS RISEN!



KHRYSTOS VOSKRES!
VOYISTYNU VOSKRES!

Tone

Second Sunday of Pascha * Thomas Sunday

Liturgical Instruction: After the priest exclaims “Blessed is the Kingdom” and we have responded “Amen,” the priest sings the following Troparion once and the people repeat it. Then the priest sings the first half, and we conclude it. This is done every day until the Wednesday before Ascension Thursday.

Troparion: Christ is risen from the dead, trampling death by death, and to those in the tombs giving life. (3x)

Troparion (Tone 7): While the tomb was sealed, O Christ God, You dawned as life from the sepulcher, and while the doors were shut, You came to Your disciples, the Resurrection of all, renewing a right spirit in us through them, according to Your great mercy.

Glory be to the Father and to the Son and to the Holy Spirit. Now and for ever and ever. Amen.

Kontakion (Tone 8): With his searching hand, Thomas explored Your life-giving side, O Christ God. For when You entered while the doors were shut, he called out to You with the rest of the Apostles: You are my Lord and my God!

Prokimenon (Tone 3): Great is the Lord and great is His strength; and of His knowledge there is no end.

Verse: Praise the Lord, for a psalm is good; may praise be sweet to our God.



Epistle: A reading from the Acts of the Apostles': (Acts 5:12-20)

In those days, through the hands of the apostles, many signs and wonders occurred among the people. By mutual agreement they used to meet in Solomon's Portico. No one else dared to join them, despite the fact that the people held them in great esteem. Nevertheless more and more believers, men and women in great numbers, were continually added to the Lord. The people carried the sick into the streets and laid them on cots and mattresses, so that when Peter passed by at least his shadow might fall on one or another of them. Crowds from the towns around Jerusalem would gather, too, bringing their sick and those who were troubled by unclean spirits, all of whom were cured. The high priest and all his supporters (that is, the party of Sadducees), filled with jealousy, arrested the apostles and threw them into the public jail. During the night, however, an angel of the Lord opened the gates of the jail, led them forth, and said, "Go out now and take your place in the temple precincts and preach to the people all about this new life."

Alleluia (Tone 8): Come, let us sing joyfully to the Lord, let us acclaim God our Saviour. For God is the great Lord and the great king over all the earth.

Gospel: ([John 20:19-31](#))

At that time, on the evening of that first day of the week, even though the disciples had locked the doors of the place where they were for fear of the Jews, Jesus came and stood before them. "Peace be with you," he said. When he had said this, he showed them his hands and his side. At the sight of the Lord the disciples rejoiced. "Peace be with you," he said again. "As the Father has sent me, so I send you." Then he breathed on them and said: "Receive the Holy Spirit. If you forgive men's sins, they are forgiven them; if you hold them bound, they are held bound."

It happened that one of the twelve, Thomas (the name means "twin"), was absent when Jesus came. The other disciples kept telling him: "We have seen the Lord!" His answer was, "I will never believe it without probing the nailprints in his hands, without putting my finger in the nailmarks and my hand into his side." A week later, the

disciples were once more in the room, and this time Thomas was with them. Despite the locked doors, Jesus came and stood before them. "Peace be with you," he said; than to Thomas: "Take your finger and examine my hands. Put your hand into my side. Do not persist in your unbelief, but believe!" Thomas said in response, "My Lord and my God!"

Jesus than said to him: "You became a believer because you saw me. Blest are they who have not seen and have believed."

Jesus performed many other signs as well – signs not recorded here – in the presence of his disciples. But these have been recorded to help you believe that Jesus is the Messiah, the Son of God, so that through this faith you may have life in his name.

Instead of "It is truly...": The Angel cried out to the One full of Grace: O chaste Virgin, rejoice! And again I say, Rejoice! Your Son has risen from the tomb on the third day, and raised the dead. Let all people rejoice!

Irmos (tone1): Shine, shine, O new Jerusalem! for the glory of the Lord has risen upon you! Exult now and be glad, O Zion! And you, O chaste Mother of God, take delight in the resurrection of your Son.

Communion Verse: Receive the body of Christ; taste the fountain of immortality. Alleluia! (x3)

Instead of "Blessed is He...": Christ is risen from the dead, trampling death by death, and to those in the tombs giving life.

Instead of "We have seen the true light...": Christ is risen from the dead, trampling death by death, and to those in the tombs giving life.

Instead of "Let our mouths...": Christ is risen from the dead, trampling death by death, and to those in the tombs giving life (x3).

Instead of "Blessed be the name of the Lord...": Christ is risen from the dead, trampling death by death, and to those in the tombs giving life (x3).

Troparion: Christ is risen from the dead, trampling death by death, and to those in the tombs giving life (3x)

And to us He has granted life eternal!

Faithful: We bow down before His resurrection on the third day.



Prayer for a Vibrant Parish Prayer

O Lord Jesus Christ, our Good Shepherd, as you once gathered lost sheep that they might hear Your voice and be your flock, so also today graciously look down from heaven upon our parish community, and send down on it your Holy Spirit, that it might be a place to receive the joy of Your Good News. Strengthen us with your presence, and always gather us together in prayer. Grant us the spirit of serving others, so that in our parish all might encounter You, the merciful God. Bless our spiritual leaders with Your wisdom, and inspire us to generously give of our time, talents and treasure for the building up of Your Kingdom. Unite us in peace and harmony, as befits Your community of love. Instill in us a missionary spirit, and let our parish community shine with the light of the Gospel, with prayer and good works, inviting all to share in the divine life, so that Your Name, O Savior, may be praised, together with Your eternal Father, and your most-holy, good and life-giving Spirit. Amen.

ANNOUNCEMENTS:

TODAY, April, 3rd - TOMAS SUNDAY: After the Divine Liturgy will be distributing of the Artos /the Blessed Easter Bread and Myrovania/Blessing with Holy Oil.



Easter Joy - In our Eastern tradition, kneeling is the sign of penance and, since Easter is the time of Joy, we do not kneel from the Resurrection until Pentecost.

Knights of Columbus 2016 State Convention – Fr. Volodymyr will participate at the Annual K of C Convention which will take place in Richmond on Friday, April 29th through Sunday, May 1st. Fr. Volodymyr will represent the 12202 Mother Teresa Council for Our Lady of the Valley in Coldstream. In case of emergency, please call RC priest Fr. Dale Normandeau at 250-542-1276.

Please Note:

Divine Liturgy May 1st will be celebrated in Vernon at 11:00a.m. / Grindrod at 3:00p.m.

Easter Diner – will take place at St. Josaphat's parish on, **April 10th** after Divine Liturgy.

Sister Angelica Hodowansky, SSMI is taking a group to Ukraine: Aug. 22 –Sept. 6th, 2016 Lviiv -Ternopil- Carpathian Mountains- Kyiv, as well as Zarvanytsia and Hoshiv with time for relative visits (optional). If interested, please, see Fr. Volodymyr for more information.

“Save-on- Foods” gift cards – are available for sale. Anyone wishing to buy the cards, please contact Mrs. Patricia Sawadsky or Fr. Volodymyr.

Sunday collection March 27th - Vernon \$ 330.50; Grindrod \$ 350.00

Grace. If for any of these or other reasons you cannot receive Holy Communion, you are welcome to come for a blessing. Please indicate to the priest that you would like to receive his blessing.

Parishioner's news section: As a Parish, it would be wonderful if we could share in our fellow brothers and sisters journey- their joys and sorrows. If you have an upcoming event (birth announcement, big anniversary, graduation, etc) or updates such as medical news, prayer requests, etc., please send us an email or tell to the priest, so it can be included in the newsletter. As well, if you wish to celebrate a special occasion with us, you are more than welcome to bring a contribution to add to the coffee social.

Happy Birthday – May the Almighty God bless in good health and salvation in Many Happy and Blessed Years of Life to those who will celebrate their birthday or anniversary **in April:**

Happy Birthday to: **Mrs. Mary Ferguson** (Apr. 3), **Mr. Romeo Paramchuk** (Apr. 3), **Mrs. Kiersten Mujcin** (Apr. 15), **Mss. Anastasia Sawadsky** (Apr. 22), **Mrs. Sophia Caskey** (Apr. 24), **Mrs. Olga Saiko** (Apr. 24), **Mrs. Janice Roy** (26). May Our Lord Jesus Christ bless you in abundance with His love, joy and peace. Mnohaya i Blahaya Lita!

Please Pray for health of ... I. Roy, Les Blain, Katherine Blain, D. Chura, Rose Shawchuk, Anthony Mulik, John Maiwka, Yanko Anna, Szadiak Victor and Gloria, Sophie Caskey, Walter Kociuba, Nick Roman, Kalyna Kociuba, Terry Konopada, Jesse Kosick, Marion McAreavy, Mary Ferguson, Nicholas Adam Laniel Cryss O'Donnell, Rose Ostopowich, Beverly Brodoway and her husband Harry and all other parishioners and family members who need our support and God's healing at the present time. Let us also remember our sisters and brothers in Ukraine in our prayers!

Please let Fr. Volodymyr know if you would like to add new names to the prayer list and also notify him about any sick and/or hospitalized parishioners and family members.

Meetings Church Councils and Organizations:

UCWLC meeting will take place on Tuesday, **April 12th** - After the Divine Liturgy at 9:00 a.m.

St. Josaphat's Parish Council Meeting will take place - **April 17th** after the Div. Lit. at 10:00 a.m.

Knights of Columbus Executive Meeting will take place on Tuesday, **April 12th** at **7:00 pm.**
at OLOV RC church.

Knights of Columbus Executive Meeting will take place on Tuesday, April **26th** at **7:00 pm.**
at OLOV RC church.



EMAIL BULLETIN - If you would like to have the Bulletin emailed to you please send your request to: o.volodymyr@yahoo.ca

PARISH WEBSITE - <http://vernon.nweparchy.ca/bulletins/>



Standing from the Feast of Feasts Holy and Glorious Pascha until the Great Feast of Pentecost

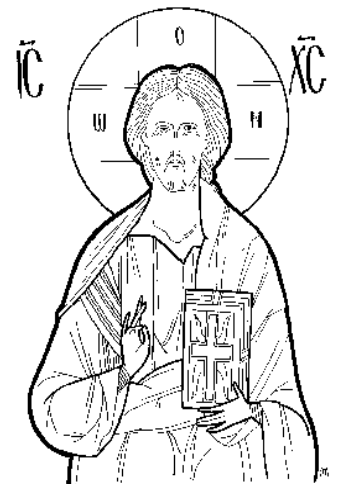
Symbolically, we stand erect in the Presence of our Lord. This is a visible sign of the Happiness we experience due to Jesus' Resurrection.

The Council of Nicea (325 AD) provided the following wording: "Since there are some who kneel on the day of the Lord and during the season of Pentecost, for the sake of uniformity in all eparchies, the Council decrees that during that time prayers be offered up to God while standing". The 6th Ecumenical Council (681 AD) issued a similar decree.

We stand! We do not kneel. Kneeling is forbidden until the beginning of the Vespers of the Great Feast of Pentecost. These prayers ask the Lord Jesus Christ to send the Holy Spirit also upon us, to empower us to do His will in all aspects of our lives. They are called the "Kneeling Prayers" because they mark the first time we kneel after the 50-day celebration of the Resurrection.

The Gift of the Risen Christ

Acts 1:1-8: "...John truly baptized with water, but you shall be baptized with the Holy Spirit...you shall receive power when the Holy Spirit has come upon you, and you shall be witnesses to Me...to the end of the earth." When St. John the Forerunner began his ministry "in the wilderness of Judea" (Mt. 3:1), he preached repentance (vss. 2-3,7-12), he baptized those who came to him (vs. 6), and he heard their confessions of sin (vs. 6). But "...the baptism of John did not have the power to forgive sins; for John was only preaching repentance and bringing them towards the forgiveness of sins, that is, he was guiding them to the baptism of Christ, in which there is remission of sins." John truly baptized with water, pointing toward that blessed and Holy Baptism of the Lord which was to come, by which men may be forgiven (vs. 11). Early in the course of His teaching, the Lord said plainly, "...unless one is born of water and the Spirit, he cannot enter the kingdom of God" (Jn. 3:5). Repentance is necessary for entrance into the Kingdom, but equally necessary are forgiveness of sins and the regeneration which Baptism into Christ effects through the Spirit of God. This is the teaching of the Risen Lord given "to the Apostles whom He had chosen, to whom He also presented Himself alive after His suffering by many infallible proofs" (Acts 1:2,3). In turn, as the Apostles proclaimed the Lord's Resurrection and His gift of the Spirit, God prompted many to repent and believe. These were baptized in the Name of Jesus Christ for the remission of their sins, and they received forgiveness and the gift of the Holy Spirit (Acts 2:38). This gift of the Spirit from the Risen Lord



received in Baptism is what causes the Church to set aside the singing of the Trisagion Hymn each year at Pascha and to offer up instead the Baptismal Hymn. "As many of you as have been Baptized in to Christ have put on Christ. Alleluia." (See Gal. 3:27).

Christ is Risen! Therefore, Beloved who have put on Christ, "If then you have been raised with Christ, seek those things which are above where Christ is, sitting at the right hand of God" (Col. 3:1). If you did not fully use the Divinely provided time of Great Lent to purify yourself, do not fret. Accept the reassurance of St. John Chrysostom, "He gives rest to him that cometh at the eleventh hour, as well as to him that hath toiled from the first." The Spirit of God remains our birthright in Christ. Let that same life-giving Holy Spirit Who came upon you in your Baptism support you now in realizing the power of Christ's Resurrection in your life. While we are alive, the Spirit will help us achieve repentance, remission of sins, the regeneration of new birth in Christ, the renewing of our minds and hearts and wills in Him and the active counsel and presence of the Holy Spirit. "...if a man is stirred by the Wisdom of God which seeks our salvation and embraces everything, and he is resolved for its sake to devote the early hours to God and to watch in order to find His eternal salvation (Wis 7:27; 6:14-20), then, in obedience to its voice, he must hasten to offer true repentance for all his sins and must practice the virtues which are opposite to the sins committed.

Then...he will acquire the Holy Spirit Who acts within us and establishes in us the Kingdom of God." The Risen Christ has given His Spirit to us. The Spirit waits for us to force ourselves to despise the fetters of our sins and repent, washing their stains away with tears of thankfulness to the Risen Lord. The Spirit "is everywhere present and fills all things." Beloved, He even dwells mystically in the dank and dismal recesses of our soiled hearts, ready to extend God's forgiveness again and again, and to nurture that seed of life planted within us at Baptism. Christ is risen!

Artos

An artos (Greek: ἄρτος, "leavened loaf", "bread") is a loaf of leavened bread that is blessed during services in the Eastern Orthodox^[1] and Byzantine rite catholic churches. A large Artos is baked with a seal depicting the resurrection for use at Pascha (Easter).

Near the end of the Paschal Vigil, after the Prayer Before the Ambo, a single large loaf of bread, the Artos, is brought to the priest. Depicted on the top of the Artos are either the symbol of Christ's victory over death—the Cross, surmounted by a crown of thorns—or the Resurrection of Christ. The Artos symbolizes the physical presence of the resurrected Christ among the disciples. The priest blesses the Artos with a special prayer and sprinkles it with Holy Water. The Artos is then placed on a small table before the Iconostasis where it remains throughout Bright Week. It is customary, whenever the faithful enter the Temple, for them to kiss the Artos as a way of greeting the Risen Christ. On every day of Bright Week, after the Paschal Divine Liturgy (or, alternatively, after Paschal Matins), the Artos is carried in a solemn procession around the outside of the church. In monasteries, the Artos is carried to the Trapeza every day of Bright Week, where at the end of the festive meal, it is lifted in a ceremony called the Lifting of the Artos. The one performing the ceremony will lift up the Artos (symbolizing Christ's Resurrection) and say, "Christ is Risen!" All will respond, "He is truly Risen!" The celebrant will then make the sign of the Cross with the Artos as he says, "We worship His Resurrection on the third day!" Then two Paschal hymns are sung and everyone comes forward to kiss the Artos and receive the Superior's blessing, as all sing the Paschal troparion many times. On Bright Saturday, after the Divine Liturgy, the priest says another prayer over the Artos and it is then broken and distributed among the whole congregation along with the Prosfhora.

The significance of the artos is that it serves to remind all Christians of the events connected with the Resurrection of Our Lord Jesus Christ. While still living on earth, the Lord called Himself the Bread of Life, saying: I am the bread of life; he who comes to Me shall not hunger, and He who

believes in Me shall never thirst (John 6:35). After His Resurrection, more than once Jesus appeared to His disciples, ate before them and blessed their own food. For example, as evening fell on the first day of His Resurrection, He was recognized in Emmaus by two of His disciples as He blessed and broke bread (Luke 24:13-35).

On the 40th day after His Resurrection, the Lord ascended into heaven, and His disciples and followers found comfort in their memories of the Lord: they recalled His every word, His every step and His every action. When they met for common prayer, they would partake of the Body and Blood of Christ, remembering the Last Supper. When they sat down to an ordinary meal, they would leave a place at the head of the table empty for the invisibly present Lord and would lay bread on that place.

Remembering this custom of the Apostles, the Fathers of the Church made it their custom to put out the Artos at the Paschal Feast in memory of the appearances of the Risen Lord to His disciples, and also in memory of the fact that the Lord Who suffered and was resurrected for our justification has made Himself the true Bread of Life and is invisibly present in His church always, to the close of the age (Matthew 28:20).

The Artos may also be compared to the unleavened bread of the Old Testament, of which ancient Israel, delivered from their captivity in the land of Egypt, ate during the week of the Passover (Ex. 12:15-20).

Even as the Jews bore the unleavened bread upon their heads out of Egypt through the desert (Exodus 12:34) until they had crossed the Red Sea, after which they dedicated the bread to God, divided it amongst all their host, and having all eaten thereof, became...terrible to their enemies, even so do we, saved by our Resurrected Lord from the captivity of that Pharaoh of the mind, the Devil, bear forth the blessed bread the Artos from the day of the Resurrection of Christ and, finally, having dedicated this bread to God, we eat of it and preserve it to the health of body and soul.

2nd Sunday of Pascha, we celebrate the Antipascha

By Fr. Volodymyr Sybirnyy

On this Sunday, the second Sunday of Pascha, we celebrate the Antipascha, that is to say the re-dedication of the Resurrection of Christ, and also commemorate the event of the Holy Apostle Thomas' touching the wounds of Christ.

This commemoration is due to the ancient custom of rededicating important events. As a year would pass and the date of such an event would arrive, a commemoration was made so that such great events would not be forgotten. This is why the Jews commemorated the passing through the Red Sea. They also commemorated the consecration of the Tabernacle and many other holy events.

Since the Resurrection of the Lord is the greatest and most important event and beyond all thought, it is rededicated not only once a year, but also on every eighth day. The first re-dedication of the Resurrection is this present Sunday, for it is truly both the eighth day and the first. It is the eighth day after Pascha, and the first day, because it is the beginning of the other days. Again, it is called the eighth day because it prefigures the unending day of the future age to come, which will be truly the first day and a day that is not divided by a single night. This is why this Sunday is called the Antipascha, which interpreted means "in the place of Pascha."

It is also called Thomas Sunday, because Thomas intentionally scrutinized the Lord's side, and receiving faith through the examination, he cried, "My Lord and my God!" He said "Lord" in witnessing to the bodily form of Christ and "God" in witnessing to His Divinity. Then Christ said to him, "Thomas, because you have seen Me, you have believed. Blessed are those who have not seen and yet have believed." Through the prayers of Your Holy Apostle Thomas, O Lord Jesus Christ our God, have mercy on us and save us.

Amen.



Christ is Risen! Indeed He is Risen!

Dear Friends,

Exciting news about our Eparchial Youth Ministry program!

In today's Gospel we are reminded of the Apostle Thomas, the disciple that just couldn't believe in Jesus' resurrection. I, on the other hand, am grateful on Thomas Sunday that I have no doubt about the generosity of the disciples of Jesus who are the faithful in our Eparchy. Your donation to our Eparchial Vibrant Parish campaign will help us to develop a love of Jesus in our youngest faithful.

Our seminarian, Mykhailo Ozorovych has now completed his last year of seminary formation and I am pleased to announce that this summer I will be ordaining him a deacon on August 28th in his home town of Ivano-Frankivsk, Ukraine. He will be returning to our Eparchy at the end of September and will be heading up the soon to be established Youth Ministry Office. Mykhailo's ministry will consist in working with our young people, organizing special youth activities, retreats, Bible Study, and other events throughout the year. Your donation will assist us in supporting this office.

If you donated last year, please consider making another generous donation again this year. If you have not donated yet, please consider making your donation now.

God bless you as we continue to celebrate the Resurrection of our Lord!

+Ken

Liturgical celebrations during week:

Tue. Apr. 5 th	9:00 a.m.	Divine Liturgy
Wed. Mar. 6 th	9:00 a.m.	Divine Liturgy
Thu. Mar. 7 th	9:00 a.m.	Divine Liturgy
Fri. Apr. 8 th	9:00 a.m.	Divine Liturgy
Sat. Apr. 9 th	9:00 a.m.	Divine Liturgy
Sun. Apr. 10 th	9:30 a.m.	Rosary (Vernon)
	10:00 a.m.	Divine Liturgy for God's blessings for all parishioners of St. Josaphat Church (Eng./Ukr.)
	1:45 p.m.	1st Hour Service (Grindrod)
	2:00 p.m.	Divine Liturgy for God's blessings for all parishioners of Sts. Peter and Paul Church (Eng.)

In Your Prayers: Please remember to pray for the sick and the infirm of our Parish.

Please note: parish members requesting the celebration of a Divine Liturgy for a special intention (Thanksgiving, the Infirm, General Intentions, the Deceased, Help of the Holy Spirit, for the Travelers, etc) intentions, please see Fr. Volodymyr to arrange for it.