



Welcome



St. Josaphat Ukrainian Catholic Church in Vernon, BC

2210 – 40th Avenue, Vernon, BC V1T 8Z9

Liturgies: Tuesday to Friday – 9:00 a.m.

Holy Days - 10:00 a.m.

Sundays – 9:30 a.m. – Rosary
10:00 a.m. - Divine Liturgy



Saints Peter and Paul Ukrainian Catholic Church in Grindrod, BC

Carlín Street and 3rd Avenue,
Grindrod, BC

Sandays Divine Liturgy:

Nov. 8th - 3:00 p.m.

Nov. 15th – No service

Nov. 22nd and 29th – 2:00 p.m.



Pastor: Rev. Volodymyr Dmyterko
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Eparchy: www.nweparchy.ca



*“The Vibrant Parish – a place
to encounter the living Christ”*

Patriarch Sviatoslav

Welcome! Бимаємо!

We extend a warm welcome to our parishioners, your families and friends. We are glad that you have come to worship with us today and pray that your participation in our parish will be enriching to you. Following every Sunday Divine Liturgy, Fellowship Coffee is served! We invite everyone to join us.

PASTORAL MINISTRY AND SACRAMENTS:

SACRAMENT of CONFESSIONS: on Sundays and Holy Days: 30 min before Divine Liturgy and other days, by appointment.

HOLY COMMUNION: for the sick, by appointment, any time.

BAPTISMS - by appointment.

MARRIAGES - by appointment, at least 6 month in advance.

FUNERALS - by appointment.

ANOINTING of the sick, hospital visits - by appointment, any time

Please note: parish members requesting the celebration of a Divine Liturgy for a special intention (such as: Thanksgiving, the Infirm, General Intentions, the Deceased, Help of the Holy Spirit, for the Travelers, etc.), please see Fr. Volodymyr to arrange for it.



Our parish community extends a welcome to visitors who wish to pray and worship with us and who would like to participate in the life of our parish in all aspects. We assure you that visitors to St. Josaphat Ukrainian Catholic Church in Vernon meet with the warmest hospitality. Although we are a small community, we pride ourselves in being a family which centers itself on faith, prayer and a shared love of our Traditions. Although we are proud to belong to the Ukrainian Catholic Church, a number of ethnic backgrounds are represented in our parish community.

Divine Services are celebrated according to the Byzantine Catholic Rite of Ukrainian usage. Whether you are familiar with our Liturgy and Traditions from your own faith formation or would like to learn more about them, we extend a heartfelt welcome to you to join us for Divine Liturgy. Whether you are Roman Catholic or a member of another Church or Religious Tradition, you are most welcome to join us for worship. The Liturgy is celebrated using a mix of English and Ukrainian. The readings from the Holy Gospel and Epistles, as well as homilies are in English.

27 Sunday after Pentecost /

Troparion (Tone 2): When You went down to death, O Life Immortal,* You struck Hades dead with the blazing light of Your divinity.* When You raised the dead from the nether world,* all the powers of heaven cried out:* “O Giver of life, Christ our God.

+ **Glory be to the Father, and to the Son, and to the Holy Spirit,**

Kontakion (Tone 2): You rose from the tomb, O almighty Savior;* and Hades, seeing this wonder, was stricken with fear; and the dead arose.* Creation saw and rejoices with You, and Adam exults.* And the world, my Savior, sings Your praises

Now and for ever and ever. Amen

Theotokion (Tone 2): The tomb and death could not hold the Mother of God,* unceasing in her intercession and an unfailing hope of patronage,* for as the Mother of Life she was transferred to life* by Him Who dwelt in her ever-virgin womb.

Prokeimenon(2): The Lord is my strength and my song of praise, and He has become my salvation.

Verse: The Lord has indeed chastised me, but He has not delivered me to death.

Epistle: (Ephesians 6:10-17):

A reading from the letter of St. Paul to the Ephesians: Brothers and Sisters, finally, be strong in the Lord and in the strength of his power. Put on the whole armour of God, so that you may be able to stand against the wiles of the devil. For our struggle is not against enemies of blood and flesh, but against the rulers, against the authorities, against the cosmic powers of this present darkness, against the spiritual forces of evil in the heavenly places. Therefore take up the whole armour of God, so that you may be able to withstand on that evil day, and having done everything, to stand firm. Stand therefore, and fasten the belt of truth around your waist, and put on the breastplate of righteousness. As shoes for your feet put on whatever will make you ready to proclaim the gospel of peace. With all of these, take the shield of faith, with which you will be able to quench all the flaming arrows of the evil one. Take the helmet of salvation, and the sword of the Spirit, which is the word of God. Alleluia: The Lord will hear you in the day of tribulation; the name of the God of Jacob will shield you. Verse: Lord, grant victory to the king, and hear us in the day that we shall call upon You. Gospel: (Luke 17:12-19): At that time, as Jesus entered a village, ten lepers approached him. Keeping their distance, they called out, saying, ‘Jesus, Master, have mercy on us!’ When he saw them, he said to them, ‘Go and show yourselves to the priests.’ And as they went, they were made clean. Then one of them, when he saw that he was healed, turned back, praising God with a loud voice. He prostrated himself at Jesus’ feet and thanked him. And he was a Samaritan. Then Jesus asked, ‘Were not ten made clean? But the other nine, where are they? Was none of them found to return and give praise to God except this foreigner?’ Then he said to him, ‘Get up and go on your way; your faith has made you well.’

Communion Verse: Praise the Lord from the heavens; praise Him in the highest. Alleluia. (3x)



Prayer for a Vibrant Parish Prayer

O Lord Jesus Christ, our Good Shepherd, as you once gathered lost sheep that they might hear Your voice and be your flock, so also today graciously look down from heaven upon our parish community, and send down on it your Holy Spirit, that it might be a place to receive the joy of Your Good News. Strengthen us with your presence, and always gather us together in prayer. Grant us the spirit of serving others, so that in our parish all might encounter You, the merciful God. Bless our spiritual leaders with Your wisdom, and inspire us to generously give of our time, talents and treasure for the building up of Your Kingdom. Unite us in peace and harmony, as befits Your community of love. Instill in us a missionary spirit, and let our parish community shine with the light of the Gospel, with prayer and good works, inviting all to share in the divine life, so that Your Name, O Savior, may be praised, together with Your eternal Father, and your most-holy, good and life-giving Spirit. Amen.



For peace in Ukraine, let us pray: Our Father ... Hail Mary ... Glory be to the Father and to the Son and to the Holy Spirit, now and forever and ever. Amen.

We also pray for the people of Ukraine, that with the help of the Holy Spirit, they may obtain social peace, political harmony and economic stability: Lord, hear us and have mercy.



ANNOUNCEMENTS:

National Holodomor Awareness Week 2015: November 23 to 29 – will be celebrated in our parishes on **Saturday & Sunday, November 28th and 29th**. Panakhyda services will be taken in Grindrod and Vernon at the Divine Liturgies.

Today, following the Divine Liturgy's, there will be a Panakhyda/ Memorial service for the victims of Holodomor (1932-1933).

Cabbage rolls making– Monday, **November 30th**. We welcome all willing workers to help continue the success of this project. Let's all pitch in to step up our efficiency and at the same time help strengthen the community of St. Josaphat's Parish, for the glory of God. Thank you very much!

Bank Donations: we are collecting non-perishable food as Christmas charity gifts. Please give generously and place your items in the box located at the church entrance.



The visit of St. Nicholas – On **Sunday, December 6th** St. Nicholas will visit our children. Sts. Peter and Paul Parish invites you to attend a special Liturgy in honor of St. Nicholas at 2:00 p.m. to be followed by a “social” reception in the church hall. All parishioners, friends their children and grandchildren are welcome to attend.

Donations for Christmas Flowers – anyone wishing to help with the cost of flowers needed for decorating at Christmas, please contact Mrs. Wanda March.



“Save-on- Foods” gift cards – are available for sale. Anyone wishing to buy the cards, please contact Miss. Teresa Huculak or Fr. Volodymyr.

Happy Birthday – May the Almighty God bless in good health and salvation in Many Happy and Blessed Years of Life to those who celebrated their birthday in month of November:

Mrs. Katherine Huculak (Nov. 15); Mrs. Mary Harasymyshyn (Nov. 27); Mr. Randy Pesklewis (Nov. 27); Mr. Claude Gosselin (Nov. 28). **Many happy healthy years! Mnohaya i Blahaya Lita!**

Happy Anniversary! May Our Lord Jesus Christ bless you in abundance with His love, joy and peace. Many God's blessings of good health, joy, peace and happiness to Mr. and Mrs. Claude and Eva Gosselin (Nov. 8) on the occasion of their Wedding Anniversary! **Mnohaya i Blahaya Lita!**

Gifts to God: Sunday, November 22nd - Vernon \$ 1,563.35; Grindrod \$ 221.00 God bless all of you for your kindness and generous financial support of our parish community!

Vernon and Grindrod 2015 Lenten Missions – will take place on **Saturday - Sunday, December 12-13.** (*Vernon*: Saturday, December 12 at 10:00 a.m. and *Grindrod*, Sunday, December 13 at 2:00 p.m. [Sacrament of Confession]). This year for our Lenten Mission we will be visited by **Fr. Andre Lalach, Eparchy of Saskatoon.**

Grace. If for any of these or other reasons you cannot receive Holy Communion, you are welcome to come for a blessing. Please indicate to the priest that you would like to receive his blessing.

Parishioner's news section: As a Parish, it would be wonderful if we could share in our fellow brothers and sisters journey- their joys and sorrows. If you have an upcoming event (birth announcement, big anniversary, graduation, etc) or updates such as medical news, prayer requests, etc., please send us an email or tell to the priest, so it can be included in the newsletter. As well, if you wish to celebrate a special occasion with us, you are more than welcome to bring a contribution to add to the coffee social.

Parish Family Calendar: If you would like to be included in our Parish Family Calendar of Birthdays, Celebrations, Name-Days and Anniversaries please put your birth date in the calendar at the table near the front door of the church. Let's celebrate these happy occasions together!

REMEMBER TO PRAY FOR: your family, your fellow parishioners, those who seeking God's answer to their prayers or those rejoicing with God's answer, those celebrating a birthday or anniversary, those called to their eternal reward and for the family they leave behind, those shut-in or in the hospital, and you wish to have a priest visit, please be sure to have someone call the rectory to make this request or notify Fr. Volodymyr Dmyterko directly. Your pastor may have no other way of knowing that you are in hospital, as privacy legislation restricts the information that can be given to him by the hospital.

Please Pray for health of ... Rose Shawchuk, Anthony Mulik, John Maiwka, Yanko Anna, Szadiak Victor and Gloria, Sophie Caskey, Walter Kociuba, Nick Roman, Kalyna Kociuba, Terry Konopada, Jesse Kosick, Marion McAreavy, Mary Ferguson, Nicholas Adam Laniel Cryss O'Donnell, Rose and Martin Ostopowich, and all other parishioners and family members who need our support and God's healing at the present time. Let us also remember our sisters and brothers in Ukraine in our prayers!

Please let Fr. Volodymyr know if you would like to add new names to the prayer list and also notify him about any sick and/or hospitalized parishioners and family members.



EMAIL BULLETIN - If you would like to have the Bulletin emailed to you please send your request to: o.volodymyr@yahoo.ca

Meetings Church Councils and Organizations:

UCWLC Annual Meeting - will take place on Tuesday, **December 8th** after the Divine Liturgy at 9:00 a.m.

St. Josaphat's Parish Council Meeting – **December 13th** after the Divine Liturgy at 10:00 a.m.

Church Etiquette: Just a reminder that to have attended the entire Divine Liturgy one must be in Church a and have heard the reading of the Gospel as well as the homily, participated in the responses for the consecration and received the final Blessing before leaving the church. We also ask that you do not visit in the main part of the Church (the Nave) before during or after the Service. Please use the Vestibule or the Fellowship room to conduct your conversations - leave the Church proper for those that want to pray.

Bishop's Appeal:

We also pray to be blessed with generous hearts to contribute to our Bishop's initiatives and programmes, such as: the support of parishes, the education of parishioners, and the formation of seminarians, Lord hear us and have mercy.

Eparchial Candle Appeal: Our Eparchial Christmas Candle appeal collects funds to help disadvantaged & orphaned children in Ukraine. We encourage everyone to remember these with a voluntary donation. Please place your donation in an envelope marked Christmas Candle, with your name and address and include it with the Sunday Collection or mail it to the Eparchy. All donations over \$20.00 will receive a tax receipt and cheques can be made out to Eparchy of New Westminster with Christmas Candle Project in the memo. Candles will be available for a minimum donation of \$5.00 each. Thank You for your past support and ask that you again consider supporting this appeal & lighting these candles as part of your Christmas Eve celebrations Caritas is approved by Patriarch Sviatoslav & Bishop Ken. 100% of the proceeds go to Caritas Ukraine. For more information, Dana Koren Lupynis: nweparchy.christmascandle@gmail.com.

Guide to the Divine Liturgy

By ROBERT KRANTZ

**"Come to me, all you that labor, and are heavy laden, and I will give you rest. Take my yoke upon you, and learn from me: for I am meek and lowly in heart; and you shall find rest to your souls. For my yoke is easy, and my burden is light."
(Matthew 11:28:30)**

When we read the verse from the Bible above, it reminds us that this is the beautiful God who awaits us and listens to us as we begin our "litany" of prayers. Whatever your burden, whatever your sin, whatever your problem, whatever your troubles, here stands our God ready to listen and help us. So many parishioners feel they have "labored;" they feel "heavy laden" and are looking for "rest for their souls." Our loving and compassionate God is happy to see us and right from the beginning of the Divine Liturgy. He is in essence saying to us, "take all your problems and put them on Me and I will give you rest." In fact, when you read the prayers of the Great Litany, you'll notice a word that keeps reoccurring; peace. "In peace, let us pray...," "For heavenly peace...," "For peace in the whole world...," "...for peaceful times." In fact the words peace or peaceful appear dozens of times in the Divine Liturgy. That is not a coincidence! It seems like the Lord and the church fathers were trying to tell us something. They are aware that when people come to church, more often than not they have many problems on their minds. They know parishioners are worried about their children, their finances, someone who may be ill, someone who may be traveling, their career, and so on. The church fathers must have understood this because so many of the prayers we are making to God involve the word peace. One of the beauties of God is that He doesn't respond to our requests for peace by saying, "Okay, I'll think about it." Or "Let me mull that over." As we are making this litany of requests, He is immediately granting it to us. How do we know this? He told us in Matthew 18:19-20, which says: "I say to you that if two of you agree on earth concerning anything that they ask, it will be done for them by my Father in Heaven. For where two or three are gathered together in My Name, I am there in their midst." And we, the "People" confirm back to God that we know He is granting our requests by saying, "Lord, have mercy." Many think that the words Lord have mercy are being used like words from an old movie where a prisoner who has been locked up for weeks has a light shone upon him by the warden, and the prisoner yells out, "Have mercy on me!" only to have the warden slam the door shut again. That is not how the Orthodox faithful understand the words Lord have mercy. In fact, the Orthodox understanding, as we will describe shortly, is a more comforting and soothing understanding of those words.

ST PHILIP'S FAST (THE NATIVITY FAST)

Based on: Holy Protection of Mary Byzantine Catholic Eparchy of Phoenix

The Byzantine Catholic Church invites all to participate more fully in the central mysteries of the Gospel of Jesus Christ through her calendar of feasts and fasts.

The feast of the Nativity of Our Lord God and Saviour Jesus Christ (Christmas, December 25) is one of the 12 great feasts of the Church year, celebrating the birth of the Messiah (which in Hebrew means "He who is anointed by the Spirit" or in Greek, Christos), Jesus the Christ. The Christ was born into the world through the Theotokos and ever-virgin Mary to offer us the wondrous gifts of salvation and theosis, our transformation into the likeness of God by sharing in His holiness through the Energies of His Grace.

Through the mystery we celebrate in the Nativity, we too are invited to become the children of God, sons and daughters of our Heavenly Father. But this transformation does not occur overnight. Rather, it requires a rediscovery of the essential disciplines of a disciple of Jesus Christ.

Training for Body, Mind and Spirit

For St Paul, Christian discipleship is like an athletic contest in an arena, which requires both training and effort. This is the root of the Christian understanding of asceticism and praxis.

By training our body, mind and spirit with the help of God's grace to seek and follow His commands and cultivate the virtues of the saints, in turn we help to extract the poison of corruption, sin and death within our own lives and to realize the saving and transforming power of Christ's life given to us in Holy Baptism.

The Church has traditionally taught 3 main ways to engage in Christian asceticism, no matter what our state in life. These are prayer, fasting, and almsgiving. By actively engaging in these disciplines of discipleship during the time of the fast, we unite ourselves more perfectly to Christ as we celebrate the joy of the feast of His Nativity.